

Student Worksheet #1:

HOW TO BE AN UPSTANDER

👀 See something mean?
You can help.

Here's How:

1. 🤣 Don't laugh or make it worse
2. ❤️ Be kind
3. ➔ Help them move away
4. 🧑 Tell a grown-up



▢ TELL TRUSTED ADULTS

School:
Home:

💡 What I Can Say?

💬 "That's not kind."
💬 "Help, please."

🛡 REMEMBER

❤️ It's not your fault.
🛡 Telling helps keep people safe.

Based on the work of Stan Davis and Denise Koebcke.

